

Presentations on the Main Lecture Stage

Sponsored by:



Saturday, May 18th

11am – Dr. Toni Galardi

Seven Italian Habits for Mastering Big Transitions

What is it about Italy that everyone falls in love with? Is it possible to bring elements of the Italian lifestyle back into the fast paced American life and live more healthy?

12pm – Dr. Joe Esposito

Be Your Own Doctor

1pm – **Keynote Presentation sponsored by Young Living Essential Oils**

Rosie Mercado “Wellness in Diverse Communities” panel discussion - hosted by television personality, host and life coach [Rosie Mercado](#)

2pm – Paula Branson

Engage Your Body’s “Miraculous” Ability to Heal- Even in Seemingly Hopeless Cases.

Paula Branson talks about her Amazing recovery after being diagnosed as "permanently disabled" during her 14 years of hopeless suffering. Paula’s recent biological age testing indicated that she is now 16 years younger than her chronological age! Come hear her story and evidence-based tips so that you can stop suffering, and look and feel years younger, too!

3pm – – **Keynote Presentation sponsored by Young Living Essential Oils**

Charity Lynette, a Plus Size Model, a Fitness Instructor and founder of Curvy Chick Fitness What’s In Your Basket?

The message centers on what people are doing to stop them from being successful.

4pm - Geoff Melcher

Hormone Relief: The Controversial Secret for Men and Women

We will be taking an in-depth look at Mechanical Relief, Hormone Replacement Therapy (HRT), Bio-Identical Hormones, Phytohormones, and Essential Trace Element to review what is real vs. hype. If you want to know what hormones may be affecting your everyday life; this is for YOU!

5pm – Dr. Simon Portee

What if the Answer to Cancer was in your Hereditary History?

Min. Terence Courts and Dr. Simon Portee invite you to learn about how getting Predictive Genetic Testing may help YOU and your family understand concerns about cancer. With a New Next Generation screening process, we can now deploy a new early detection tool for cancer risks. We can analyze and identify Genes that could lead to an increased risk of a patient developing cancer. Just a reminder Early Detection Saves Lives. Our Goal is "No More Stage Four"

Sunday

12noon – Paula Branson

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1pm – Ahzjah Netjer Simons

Panel Discussion

2pm – **Keynote Presentation - sponsored by Young Living Essential Oils (logo)**

Ed Dailey, RN, E500-RYT, RNPA, Senior Global Educator for Young Living Essential Oils
Understanding The Stress Connection

3pm – Dr. Eric Zielinski

The Essential Oils Diet: Learn from natural living gurus, Dr. Eric & Sabrina Ann Zielinski on how to Lose Weight and Transform Your Health with the Power of Essential Oils and Bioactive Foods.

4pm – **Keynote Presentation - sponsored by Young Living Essential Oils (logo)**

Ed Dailey, RN, E500-RYT, RNPA, Senior Global Educator for Young Living Essential Oils
Yoga Class

5pm - Dr. Simon Portee

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Cooking Stage

SAT- May 18th

1pm Chef Sonali Sponsored by Sevananda

2pm Chef Beee Sponsored by Sevananda

3pm Sabrina Ann Zielinski *Mama Z*

4pm Chef Sonali Sadequee Sponsored by Sevananda

SUN May 19th

12pm Full Taste Vegan

1pm Sabrina Ann Zielinski *Mama Z* Sponsored by: Nature's Corner Market and Ujido (Logos)

2pm Chef Deuce Sponsored by Sevananda

3pm Chef Beee Sponsored by Sevananda

4pm Chef Carla Sponsored by Sevananda