

MAIN LECTURE STAGE SATURDAY

11:00AM – Robert Scott Bell – *Sponsored by:*



Supercharge Your Health! Tap into the Power of Silver for Powerful Immune Function

Where is the seat of your immune system? At least 70% of it is in your gut. While there is growing understanding of the importance of the gut microbiome for many vital biological functions, re-establishing a healthy home for beneficial bacteria involves much more than just taking probiotics. The author of the book UNLOCK THE POWER TO HEAL will assist you to regain the integrity of the lining of your GI tract, thereby reversing leaky gut, colitis, Crohn's and even diverticulitis. How? By accelerating intestinal regeneration with silver hydrosol. Get ready to receive a step-by-step recovery program that you can implement immediately to reset your profoundly powerful immune system in as little as 2 weeks to 2 months!

12:00PM - Dr. Joe Esposito - *Sponsored by:*



The Seven Deadly Sins of Nutrition

Do you want to feel better? Learn about the seven foods you need to eliminate from your diet now! Dr. Joe will discuss what sugar, alcohol, dairy, soda, coffee, artificial sweeteners, and meat do to your body and why you should never consume them again!

1:00PM – Chef Ahki - *Sponsored by:*



What the Hell Do I Eat

Chef Ahki helps attendees sift through the confusing world of transitioning into an Alkaline diet.

2:00PM – Brenda Cobb - *Sponsored by:*



Create Your Best Life Now!

You are in full control of your health and well-being and you alone have everything inside you to create your absolute best life. You can be prosperous, successful, rich and abundant in your health, relationships, career and every area of your life if you do the right things. You are your best advocate and the only one who can make the best decisions for you. What you eat, drink, think and believe impact every cell of your body. Learn how to step into your power and prosper in every way. Heal any disease no matter what!

3:00PM – Jane Holmes - *Sponsored by:*



Emotions - Your Friend or Your Enemy?

Emotions can affect your physical health and even hold you back from creating the life you truly desire. There is an emotional reason for the creation of every illness and when the emotional self heals the physical body instantly heals. Learn how emotional "stuff" can actually create diseases and how you can free yourself from emotional bondage and become empowered to be a better YOU! You can embrace your life with optimum health, prosperity, joy and happiness. Jane Holmes can help you see what emotions are holding you back and how to release, forgive and embrace your full potential every single day.

4:00PM - Dianne Johnson - *Sponsored by:*



Living PUR-Can We Be Sure About The Food We Eat And The Water We Drink.

Nowadays, more US consumers are adapting healthier lifestyles, by shifting their approach to dietary habits and paying more attention to what they feed their bodies. Consumers are getting more cautious about environmental and food toxins such as mycotoxins and heavy metals. This trend is being driven by the rising healthcare costs and fees charged by doctors and medical insurance. To keep up with their fast pace life, they focus on boosting their energy by exercising and staying fit by eating healthy food and of course, taking their daily dose of dietary supplements.

5:00PM – Jamie Butler - Sponsored by:  **lighter side**
Imagination vs Intuition

Imagination is a valuable creative tool, whereas intuition is the ability to acquire knowledge without knowing the source for it. In this enlightening and interactive lecture, world-renowned Medium, Author, Wholeness Expert and Media Personality Jamie Butler will teach audience members how to differentiate between their intuition and imagination.

MAIN LECTURE STAGE SUNDAY

12:00PM - Jamie Butler - Sponsored by:  **lighter side**
Holistic Healing Modalities 101

In this introduction to holistic healing, attendees will learn about the different modalities and how to choose the best ones for their personal needs and lifestyles. Modalities covered will include reiki, aromatherapy, acupressure, polarity, massage therapy, color therapy, Jin Shin Jyutsu, meditation and more.

1:00PM - Jay Wilkins - Sponsored by:  **BIONOX NUTRIENTS**
Nitric Oxide: Your Body's Best Medicine

Nitric Oxide (NO) is the most studied molecule in history. It's research won the Nobel prize in 1998. NO has been dubbed "the miracle molecule". It has been even been called the "Cardiovascular Cure". Unfortunately, as we age, our nitric oxide levels tend to wane. As our NO wanes we see an increase in many health conditions; most notably high blood pressure and various forms of heart disease including heart attacks. Come listen as Jay Wilkins, ND, of BIONOX NUTRIENTS discusses what nitric oxide is, why it is so important, and how we can harness this medicine within.

2:00PM – Brenda Cobb - Sponsored by:  **LIVING FOODS**
Live, Survive and Thrive Today, Tomorrow and Always!

It isn't enough to just be alive or barely survive. We all want to thrive and become the best version of ourselves. We can do this if we align with our spiritual nature, reach deep into our hearts and express love in all we do. We can survive anything that comes our way. We can move beyond grief and sadness to happiness and joy when our hearts fully open. Learn how to rise above anything to manifest your dreams and desires. Understand the connection of foods for your specific physiology and how important it is to customize your health protocol.

3:00PM - Jane Holmes - Sponsored by:  **LIVING FOODS**
Emotions - Your Friend or Your Enemy?

Emotions can affect your physical health and even hold you back from creating the life you truly desire. There is an emotional reason for the creation of every illness and when the emotional self heals the physical body instantly heals. Learn how emotional "stuff" can actually create diseases and how you can free yourself from emotional bondage and become empowered to be a better YOU! You can embrace your life with optimum health, prosperity, joy and happiness. Jane Holmes can help you see what emotions are holding you back and how to release, forgive and embrace your full potential every single day.

4:00PM – Robert Scott Bell – Featured Presenter  **Alive!**
How to prevent and reverse degradation diseases of the brain and nervous system, including MS, Alzheimer's and Dementia.

Not a day goes by without major medical and media attention focusing on the increasing incidence of neurological degradation diseases. Whether it's mental decline in your elder years or autism diagnosed in childhood, there are common points of causation across the human lifespan. For those who intend to live a

long, healthy life free from cognitive decline, RSB will reveal simple, yet powerful strategies to change your neurological future for the better. Advanced protocols including molecular hydrogen, silver and CBD will be discussed to halt progression of ailments like MS and even reverse them. Which key minerals are critical to this recovery and in what form and what amount? There is no better time than today to transform your future to a brain-healthy one. Get ready to Unlock Your Power To Heal!

5:00PM – Marge Roberts - Sponsored by:



Homeopathy for Health; It's Amazing Proliferation in the U.S.

Homeopathy is mainstream medicine in many developed countries such as England, Sweden and France. Because homeopathy has no known side effects, no known drug interactions and most homeopathics are available without a prescription, Americans are also beginning to replace chemical drugs with homeopathy. Learn how to incorporate homeopathy into your health regimen.

HEALTHY COOKING STAGE SATURDAY

12 noon – **Chef Tassili Ma'at (Tassili's Raw Reality)** sponsored by **SEVANANDA**

1pm – Demonstration sponsored by **COOKER**

2pm – **Chef Guelila Fornetti (Vegan Ethiopian)** sponsored by **SEVANANDA**

3pm – **Presentation by Tenisio Seanima**
Labels, Labels, and More Food Labels!

Uncover the myths and misunderstandings consumers have about various food certifications, such as Certified Organic and Non-GMO Project Verified along with the history regarding how the aforementioned certifications came to be. Additionally, learn which non-certified foods are the safest to consume and how to recognize them.

4pm – **Chef Scott Sutton** sponsored by **SEVANANDA**

5pm – Demonstration sponsored by **COOKER**

HEALTHY COOKING STAGE SUNDAY

12noon – **Chef Sonali Sadequee** sponsored by **SEVANANDA**

1pm – Demonstration sponsored by **COOKER**

2pm – **Chef Scott Sutton** sponsored by **SEVANANDA**

3pm – Demonstration sponsored by **COOKER**

4pm – **Chef Yetunde Jude (Anything Vegan)** sponsored by **SEVANANDA**